

MAY 2024



South Intensive Times



ACCEL Academy

SOUTH INTENSIVE TRANSITION SCHOOL

1300 S.W. 30TH AVENUE
BOYNTON BEACH, FL 33426
(561) 374-7200

ADMINISTRATION

Principal

Mr. Reginald Jeudy, Ed.S.
Reginald.jeudy@palmbeachschools.org

Assistant Principal

Mr. Eric Gross, M.Ed.
Eric.gross@palmbeachschools.org

SCHOOL HOURS

8:00am - 3:30pm

Respect - Integrity - Safety - Excellence

May is Mental Health Awareness & Trauma Informed Care Month



Important Dates

- **May 1st - 30th**
Statewide Testing
- **May 16th**
Wear Green
- **May 17th**
ROAR
Commencement
- **May 23rd**
ACCEL/Boost
Graduation
- **May 24th—30th**
- End of Semester
Exams
- * **Early Release Days
(Noon)**
- **May 27th**
Holiday - NO SCHOOL
- **May 30th**
Last Day of School
(Students)
- **May 31st**
TEACHER WORK DAY
- **June 10th - July 18th**
Summer School
- **August 12th**
Students' 1st Day
Back to School

Principal's Perspective

Greetings South Intensive Community,

I am pleased to share that again this school year we achieved our goals in expanding our ACCEL Academy and our Middle School Boost Program! Our ACCEL Academy celebrated our third successful school year. Thanks to the hard work and efforts of our staff, students and families, we were together able to help our students advance to their correct high school grade level, allowing them to attend their correct high school campus next school year.

For SY24-25, my focus will be to recruit even more students to take advantage of the opportunities provided in our ACCEL Academy and our Middle School Boost Program, and continue to assist overaged 8th grade students who have fallen behind one or more grade levels. Our programs have been an effective, dropout prevention solution, designed to serve our at-risk students.

This has been an exciting school year, and we are ready for whatever next school year brings. I have faith in our team and the youth we serve. Please be safe, relax, and enjoy your summer break, and we look forward to serving your educational needs next year.

Yours in Education,
Mr. Reginald Jeudy, Ed. S
Principal

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May is a month that we take time to honor and recognize the valuable heritages of many cultures! This is the month that South Intensive / ACCEL Academy students learn about the multicultural contributions of those from Asian and Pacific Islander, Haitian, and Jewish American heritages. Many within our diverse mix of students and staff here at SIT/ACCEL take pride in being from some of these heritages, and we seek to promote inclusivity and educate about our different cultures.

[Click here for more information about Haitian Heritage Month](#)

[Click here for more information about Asian & Pacific Islander Heritage Month](#)

[Click here for more information about Jewish American Heritage Month](#)

Teachers Appreciation Week

South Intensive showed appreciation for our teachers this month during Teachers Appreciation Week. Each day of the week teachers received treats such as breakfast, coffee, goodies, & lunches from Chick-Fil-A & Texas Roadhouse.



To teach a child to navigate through life is a true teacher's gift. Thank you for sharing your gifts with our students!

ROAR



PALM BEACH COUNTY

RAISING ONGOING ADHERENCE & RESILIENCE

Completion Ceremony



**RISE UP
AND ROAR!**

SOUTH INTENSIVE TRANSITION SCHOOL &
THE PALM BEACH DEPARTMENT OF HEALTH



ROAR



PALM BEACH COUNTY
RAISING ONGOING ADHERENCE & RESILIENCE



ROAR Mentoring Initiative provided by Dr. Sandra Anderson with the Florida Department of Health in Palm Beach County has returned to South Intensive & ACCEL Academy this school year.

Mission: To ROAR, is to Raise, Ongoing, Adherence, and Resilience. This entails breaking the cycle of unhelpful behaviors through holistic self-empowerment life skills that will offer individuals the choice to make proactive decisions while learning relevant

techniques that will serve to improve adherence to health and mental wellness goals, increase self-advocacy, and promote positive community engagement.

Purpose: To connect individuals to a greater sense of purpose, identity, and self-value to create positive health outcomes in mental, emotional, and physical health and wellbeing.

Goal: To foster and support the emotional, mental, and physical transformation of individuals moving from being reactive to proactive as a result of this educational training program.



“Mentors are lighthouses who help us to see boundless possibilities and a new vision of how we see ourselves.” ~

S.M. Anderson



Our resilient young ladies who completed the ROAR Mentoring Program!



SOUTH INTENSIVE
TRANSITION



SCHOOL ENROLLMENT

Summer School program:

- Mon - Thurs June 10 - July 18
- Time: 7:30am - 12:30 pm
- Transportation Provided
- Credit/ Course Recovery Offered



May is Mental Health Awareness & Trauma Informed Care Month



Mental health and school success are closely linked. Untreated mental health challenges can create significant barriers to academic, social, emotional, and career success. Since 1 in 5 (20%) of youth ages 13-18 live with a mental health condition, it is essential that schools and communities take a proactive stance in promoting student mental health awareness and support.



May has been designated as county-wide Mental Health Awareness and Trauma Informed Care Month. The District is collaborating with community stakeholders to support the Get Your Green On campaign. The goal of the campaign is to promote awareness of mental health, educate and reduce the stigma surrounding mental illness, and encourage action on mental health issues.

On Thursday, May 16th students and staff wore green in support of Get Your Green On & Mental Health Awareness.

- [Teacher Resources](#)
- [Student Resources](#)
- [Employee Resources](#)
- [Parent and Community Resources](#)



During Mental Health Awareness and Trauma-Informed Care Month, and every day of the year, remember,

"It's OK to be OK. It's OK to not be OK. It's OK to ask for help."

Get Your Green On



Student Resources



MINDFUL MINUTE VIDEOS - TAKE A MOMENT, AND TAKE A LOOK!

- Gratitude (1:14 minutes)
- Negativity Bias (25 seconds)
- The Benefits of Being Outdoors (30 seconds)
- Benefits of Brain Breaks (58 seconds)
- Benefits of Mindful Minutes (1 minute)



30 Mindfulness Activities to Find Calm at Any Age

For adults | For kids | For teens | For anxiety | For grief | Antisocial activities | Suicide activities | Teenage



Home / Mindfulness

25 Fun Mindfulness Activities for Children and Teens

So at the beginning of the Mindfulness Project...

Kearny High Mindfulness Project: Kyra

2-1-1

Get Connected. Get Help.™

Virtual Calming Room

Brain Breaks are where you just take a break, relax.

Kearny High Mindfulness Project:

Viktor E. Frankl > Quotes

Showing 1-30 of 2,540

"Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."

— Viktor E. Frankl, Man's Search for Meaning

Need someone to talk to?

988 is here.

A new, easy-to-remember 3-digit phone number — 988 — launched in July. This nationwide service will help connect those in crisis with suicide prevention and mental health counselors.



Get Your Green On Parent & Community Resources



Virtual Calming Room

NAMI

Family Members and Caregivers

NAMI

How to Talk to Your Child About Their Mental Health

MINDFUL MINUTE VIDEOS - TAKE A MOMENT, AND TAKE A LOOK!

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May is Mental Health Awareness and Trauma Informed Care Month!

2022 Theme: Resiliency & Community Healing



2-1-1

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MLA

Get Professional Help if You Need It

The 10 Tools

SDPBC Behavioral and Mental Health

108 resources

HOME VIDEOS PLAYLISTS CHANNELS

Congratulations



South Intensive Transitions School celebrated the successes of our ACCEL Academy & our Middle School Boost Program's 2024 graduates at the annual graduation ceremony! Our graduates received words of wisdom, congratulations, and encouragement from our Principal Reginald Jeudy, Cristian Denis ("Lil Crix Rapper & Philanthropist), and C. Ron Allen (President/CEO of CRA Media Group), Dr. Calvin Clay, and Dr. Sharard Walker.



Special congratulations went to the ACCEL Academy Valedictorian Ayana Dimanche and Salutatorian Sam Juan Domingo, both of whom also earned Straights A's and a RISE Award!



Other recipients of the RISE

Award were Albis Chajal Larios and Bianca Jeudy. Our Most Improved Student awards were given to James Jiminez, Roxana Cano, McClein Lopez, Baltazar Garcia-Garcia, Ian Huls, and Lia Laverde. Ayana Dimanche gave a moving speech and shared about her time here at the ACCEL Academy. After a successful and rigorous year, our graduates walked across the stage in front of their loved ones and peers, and were recognized for their well earned achievements.

2024 GRADUATES



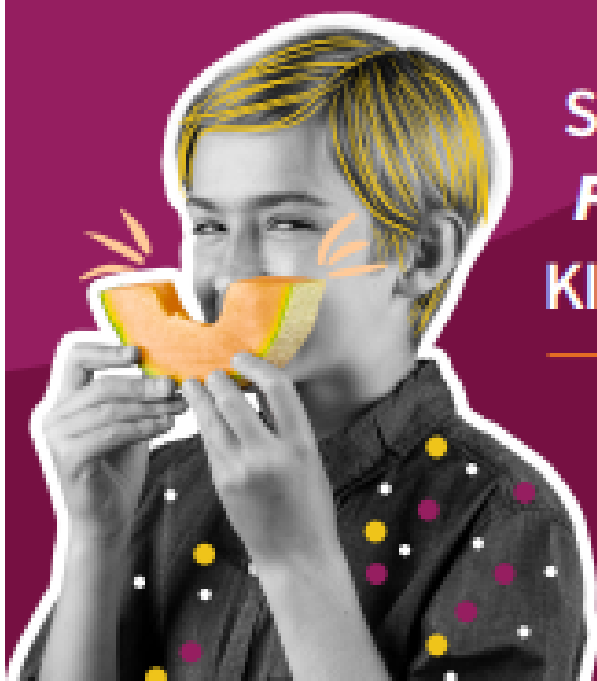
2024 GRADUATES





SUMMER BREAK SPOT

Free Meals for Kids and Teens!



Summer BreakSpot provides
FREE, NUTRITIOUS meals to
KIDS AND TEENS 18 AND UNDER

**BREAKFAST, LUNCH,
SNACK OR DINNER.**

To find a location:

Dial 2-1-1

Text "Food" to 304-304

Visit SummerBreakSpot.org

#SummerBreakSpot

This institution is an equal opportunity provider.

[Community Resources](#)

<https://www2.palmbeachschools.org/caringfirst/>

[Mental Health Association of Palm Beach County Resource Guide and Helpline](#)

The Mental Health Association of Palm Beach County Resource Guide provides information regarding Palm Beach County Agencies, Services, Support, and more. For more information, please call the Mental Health GPS Helpline at (561) 801-HELP (4357).

[National Alliance on Mental Illness](#)

Nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

1-800-950-NAMI (6264) or Text NAMI to 741741

[Suicide Prevention Life-Line](#)

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

1-800-273-8255

[FortifyFL](#)

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials.



<https://getfortifyfl.com/#home>

211 is a community helpline and crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages.

**Call 2-1-1 to speak with a highly trained resource specialist.
Calls to 211 HelpLine are Free, Confidential, and available 24/7!**

Caring staff will listen to each individual's situation to provide information on available social services, community services and resources that include food assistance, medical clinics, foreclosure prevention, parenting info on developmental concerns (Help Me Grow) & special needs, senior services that include free "Sunshine" daily calls, services for teens and more.



**Classroom/
Instructional
Areas**

**Class
Changes**

Cafeteria

**Dismissal/
Intake**

**Outside Ac-
tivities**

Bathrooms

**Computer
Lab**

Respect

- Positively greet staff & peers.
- Raise your hand to speak.
- Treat classroom materials with care.
- Respond quickly & appropriately to staff instructions.
- Speak politely to others without profanity.

- Positively greet staff & peers.
- Use a quiet voice level.
- Enter & exit classrooms in an orderly manner
- Respond quickly & appropriately to staff instructions.

- Say "please" & "thank you" to the cafeteria staff.
- Remain at your assigned lunch table unless given permission to move.
- Discard all of your trash appropriately.

- Wait patiently in line for your personal items.
- Positively greet staff & peers.
- Speak politely to others without profanity.

- Treat all sports equipment with care.
- Ask permission before leaving an activity.
- Use equipment in an appropriate manner.

- Treat the restroom space with care.
- Make sure the bathroom is clean before exiting.
- Return to your assigned area promptly when finished.

- Treat computer lab equipment with care.
- Log in using only your student ID number only.
- Log off & shut down the computers properly before exiting.

Integrity

- Do your own work.
- Be honest & earn your own grades & test scores.
- Don't let others take credit for your knowledge or your work.
- Report academic dishonesty.
- Admit when you need help understanding schoolwork.

- If you witness bullying or aggression report it to a staff member.
- Be mindful to others' learning & do not disturb other classrooms.
- Be polite & greet others as you walk by.

- Wait patiently in line for your turn.
- Be helpful & lend a hand when needed.
- Avoid using profanity during conversations.

- Wait until your bus is called before leaving your classroom.
- Walk calmly to your destination.
- Be sure to Clean up your area of any messes prior to leaving.

- Allow everyone a chance to participate.
- Be honest & have good sportsmanship.
- Be a team player.

- Use the restroom only for its intended use.
- Report any suspicious events or misuse of facilities to a staff member.
- Clean up any litter in or around the restroom area.

- Work only under your own personal log-in information.
- Report computer misuse to a staff member.

Safety

- Keep your hands, feet, & objects to yourself.
- If a peer is bothering you, report it to an adult.
- Respond quickly & appropriately to staff instructions.

- Keep your hands, feet, & objects to yourself.
- Only enter the classroom you are scheduled to attend.
- Respond quickly & appropriately to staff instructions.

- Interact appropriately with each other.
- Keep hands, feet, & objects to yourself.
- Promptly Clean up spill hazards.

- Keep your hands, feet, & objects to yourself.
- Wear your student ID badge
- Report potentially dangerous activities to staff members.

- Keep hands, feet, & objects to yourself unless required by specific sport activity.
- Use equipment as instructed.
- Wear appropriate attire for outdoor activities.

- Walk along designated areas.
- Avoid overcrowding restrooms.
- Keep area clean for others to use.

- Keep your hands, feet, & objects to yourself.
- Use only district approved web-sites.
- Keep your log-in information private.
- Lock your computer screen when not in use.

Excellence

- Participate in classroom discussions.
- Complete all assignments in a timely manner.
- Be kind & encouraging to your peers.
- Be open & understanding of other viewpoints.

- Model appropriate behavior.
- Pick up any litter along the way.
- Report unknown visitors to a staff member.

- Clean up the eating area around you.
- Engage in polite conversation with staff & peers.

- Stay on the sidewalk at all times while walking to the bus loop.
- Remain in your classroom until your bus has been called for dismissal.
- Follow school dress code.

- Be open to trying new activities.
- Enter/Exit the area in an orderly fashion.
- Fully participate to the best of your ability.
- Help clean up once the activity is over.

- Clean up any messes in the restroom.
- Inform a staff member of any damaged/ broken/missing materials.
- Do not loiter or hang out in the restroom.

- Use the computers for educational purposes only.
- Complete makeup assignments/ Edgenuity as applicable.
- Notify teacher of any computer misuse.